

WOMEN'S SQUASH

HENLEY LEISURE CENTRE

Join Jill Champion, GLL Sport Foundation athlete and British Open over 65s squash champion, for a **free** squash taster session and get to grips with this fun and fast paced racquet sport. All abilities including beginners welcome.

Friday 11th October, 12:30pm -13:30pm

Saturday 12th October, 11am -12pm

Monday 21st October, 6pm - 7pm

The **free** sessions will be bookable from 5 days in advance for non-members and 7 days for members so secure your space at better.org.uk/book



Listening Learning Leading

